

Personal Development List

Items in RED are ones I would recommend starting with!

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Time Management / Daily Discipline

- **Eat That Frog! (Brian Tracy)**
- Getting Things Done (David Allen)
- 7 Habits of Highly Effective People (Stephen R Covey)
- No Excuses (Brian Tracy)
- The ONE Thing (Gary Keller)
- Change Anything (Kerry Patterson)
- Switch: How to Change Things When Change Is Hard (Chip Heath)
- Self Discipline in 10 Days (Theodore Bryant)
- Power of Focus (Jack Canfield)
- Living Your Best Year ever (Darren Hardy)

Understanding Network Marketing and Entrepreneurship

- **Go Pro (Eric Worre)**
- **The Entrepreneur Roller Coaster (Darren Hardy)**
- 45 Second Presentation (Don Failla)
- How to be a Network Marketing Superstar (Mary Christensen)
- How to be a Recruiting Superstar (Mary Christensen)
- How To Sell Network Marketing (without fear, anxiety or losing you friends!) (Michael Oliver)
- Beachmoney- (Jordan Adler)
- Rock Your Network Marketing Business (Sarah Robbins)
- Your First Year in Network Marketing (Mark Yarnell)
- Building a Network Marketing Business (Scott Welle)
- Building Your Network Marketing Business (Jim Rohn)
 - (AUDIO - <https://www.youtube.com/watch?v=nR7KoXmrB48>)
- The Psychology of Selling (Brian Tracy)
- FlipFlop CEO
- Ice Breakers (Tom Schreiter)

Confidence

- **Go for No! (Richard Fenton)**
- **You Are a Badass (Jen Sincero)**
- Rejection Proof (Jia Jiang)
- Maximum Confidence (Jack Canfield)
- Awaken The Giant Within (Tony Robbins)

Connecting to People & Relationships

- **How to Win Friends & Influence People (Dale Carnegie)**
- **The Go Giver (Bob Berg)**
- The Go Giver Sells More (Bob Berg)
- Personality Plus (Florence Littauer)
- Just Listen (Mark Goulston)
- The Fred Factor (Mark Sandborn)
- Everybody Communicates, Few Connect (John C Maxwell)
- Five Love Languages (Gary Chapman)

Leadership

- **The 21 Irrefutable Laws of Leadership (John C. Maxwell)**
- Failing Forward (John C. Maxwell)
- Good Leaders ask Great Questions (John C. Maxwell)
- Failing Forward (John C. Maxwell)
- Developing the Leader Within (John C Maxwell)
- Developing the Leaders Around You (John C Maxwell)
- Tribes (Seth Godin)
- Entreleadership (Dave Ramsey)
- Born to Win (Zig Ziglar)
- The Success Principles (Jack Canfield)
- People Follow You (Jeb Blount)
- Strengths Finder 2.0 (Tom Rath)

Consistency & Mindset

- **The Compound Effect (Darren Hardy)**
- **The Magic of Thinking Big (David Schwartz)**
- **The Slight Edge (Jeff Olsen)**
- Start with Why (Simon Sinek)
- Think and Grow Rich (Napolean Hill)
- You Can, You Will (Joel Osteen)
- The Charge (Brenden Buchard)
- Lifes Golden Ticket (Brenden Buchard)

- The Power of Intention (Wayne Dyer)
- Crush it (Gary Vaynerchuk)
- Outperform the Norm (Scott Welle)
- What is Your What (Steve Olsher)
- Playing Big (Tara Mohr)
- Girlboss (Sophia Amoruso)
- Start: Punch Fear in the Face, Escape Average and Do Work that Matters (Jon Acuff)
- Quitter: Closing the Gap Between your Day Job and your Dream Job (Jon Acuff)
- Every Day a Friday (Joel Osteen)
- Living an Exceptional Life (Jim Rohn)
- Daring Greatly (Brene Brown)
- I Am That Girl (Alexis Jones)

Social Media

- **Jab, Jab, Jab Right Hook (Gary Vaynerchuck)**
- Platform (Michael Hyatt)
- Likeable Social Media (David Kerpen)
- Crush It: Why Now is the Time... (Gary Vaynerchuk)

Goal Setting:

- **PUSH- Chalene Johnson**
- Goals!- Brian Tracey
- The Desire Map- Danielle LaPorte
- Unlimited- Jillian Michaels

Other Great Books

- The Millionaire Next Door (Thomas Stanley) - thinking about wealth differently
- The Power of Habit (Charles Duhigg) - understanding why and how habits are formed
- Made to Stick (Chip Heath) - How ideas become "sticky"
- Emotional Intelligence 2.0 (Travis Bradberry)
- The Go Getter (Peter Kyne)

Nutrition and Clean Eating:

- Eat Clean Recharged (Tosca Reno)
- Made to Crave (Lysa Turkeurst)